

ticular, initially with Ainsdale Hesketh and now with his present club.

Coarse Fishing

This year, the Midlands Electricity Board are to organise the Electricity Council sponsored Coarse Fishing Championship. The venue is the River Trent at Hoveringham and the date is Wednesday, 4th October.

It is intended that MAN-WEB should be represented with the best team we can muster. So, any coarse fishermen interested in competing should contact **Sam Doughty**, chairman of the Fishing Section at Head Office (2166).

In 1977 a scratch team from our Board turned in a creditable performance with captain **John Tyreman** finishing third overall.

This year there are some excellent prizes to be won including portable TV's, radios etc. Each team will have up to 15 anglers with the top twelve counting towards the team prizes.

Active in Retirement

Former colleagues who are members of the Clwyd District Retired Employees Association have been getting out and about during the past few weeks—despite the poor weather.

There was a coach tour with the first port of call at Caernarfon where, thanks to **Denis Hughes** (District Administrative Officer) and the canteen staff at St. Helens Road offices, the party were able to enjoy a splendid lunch.

They then journeyed on to Criccieth staying for a while before making their way home via Llanrwst.

On another occasion, members went along to Theatr Clwyd at Mold to see a performance of Emlyn Williams' play "The Druids Rest." After the

show they all enjoyed a chicken and chips meal to round off a most successful night out.

Plans are now in hand for a visit to Erddig Hall, Wrexham and already many members are showing keen interest in the trip.

Man on the Run

Prior to leaving St. Dominic's school in Liverpool five years ago, young **John Woods**, now a records draughtsman at Lister Drive, was a keen and active footballer.

Then, one of his teachers encouraged him to take up long distance running. The advice was very sound as he experienced the loneliness of being 'out in front' in many cross country championship races.

As a 'Junior', John won the Liverpool & District, West Lancashire and Lancashire championships, was second in the Northern Counties and seventh in the English championships.

Now, as a 'Senior' he has won the Liverpool & District Cross Country Championship.

Each race is normally run over six or seven miles with the National over nine miles. John told us that he trains every day with a stint before coming to work and again in the evening. At week-ends he puts in around 16 to 20 miles and when in hard training for a race, he runs for eight or nine miles at a time. "I average about 80 to 90 miles every week", he said.

Some time ago, he was chosen as a Junior to represent England. Then it was discovered that when the event was to be held, John was just three weeks over the age limit. So near!

Recently, he has found out that he has dual qualifications. This is not painful—it simply means that through birth he is eligible to represent Eire and, as a resident in this country,

he is qualified to run for England!

He was offered the opportunity to take up an athletics scholarship at a University in Nevada in the U.S.A., but romance took precedence and he married Pamela a short time ago. She too was an athlete winning a silver medal as a sprinter in the European Catholic Schools Championships.

We take this opportunity to wish them both lots of happiness in their marriage partnership and every success to John in his cross country endeavours.

Long distance runner John Woods in action.

(Liverpool Daily Post & Echo photograph)

